Food Service and Hospitality Pathway

Hospitality, Tourism, and Recreation



PLEASANT VALLEY HIGH SCHOOL

CTE Course Sequence



Course Descriptions

Life Management (Introductory)

This year-long exploratory course covers nutrition and food preparation basics for the food service and hospitality pathway and allows students to obtain an industry-standard food handler card. Life Management is open to freshman and fulfills the district health requirement if enrolled for the entire year. FCCLA leadership is interwoven into the curriculum. Students can compete for scholarships. Life Management receives Univ. of CA A-G elective "G" credit.

Nutrition Science (Concentrator)

In this year-long course, students learn, in detail, about **nutrients** and **body systems**, **disease**, **food systems**, **sustainability**, and **food safety**. Students can get involved in FCCLA to **compete**, develop **leadership** and take on **community projects**. The culminating project for the course is a participation in a large **nutrition faire**. Successful completion of this course fulfills **the district Life Science requirement**. Students are eligible to earn **Butte College credit** and **U.C. A-G—Elective credit**.

Culinary I (Concentrator)

Students learn food production and handling skills, food costing, event planning, and service. Involvement in the catering business make it an exciting, hands-on work environment. Involvement in FCCLA and Prostart allow for competitions and networking with professionals and clients. Students are eligible to earn University of CA A-G—Elective credit.

Culinary II (Capstone)

In this advanced course, students will work in a **student-run catering business** and earn **industry certificates** in food safety and hospitality management such as "eFoodHandlers" cards or ServSafe. All students use applied academics in a **hands-on, creative environment**. Culinary II students are placed with **local restaurants** in **unpaid internships**. Many obtain and maintain a paid job and learn advancement skills. Culinary II students **manage** and **organize catering events** and participate in both FCCLA and Prostart competitions. Students are eligible to earn **University of CA A-G fine art "F" credit.**



LOCAL POST-SECONDARY OPTIONS:

Shasta College or American River College

AA in Culinary Arts

AA in Restaurant Management

AA in Baking and Pastry

AA in Hospitality Management

CSU System

BA BS in Hospitality Management BS in Nutrition and Food Sciences BS in Nutritional Science

HIGHLIGHTED CAREERS:

- General Manager
- Executive Chef
- Sous Chef
- Culinary Nutrition
- Food Writer
- Event Planner
- Food Innovator

Contact:
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Career and Technical Student Organization:



Student-Run Catering:



